

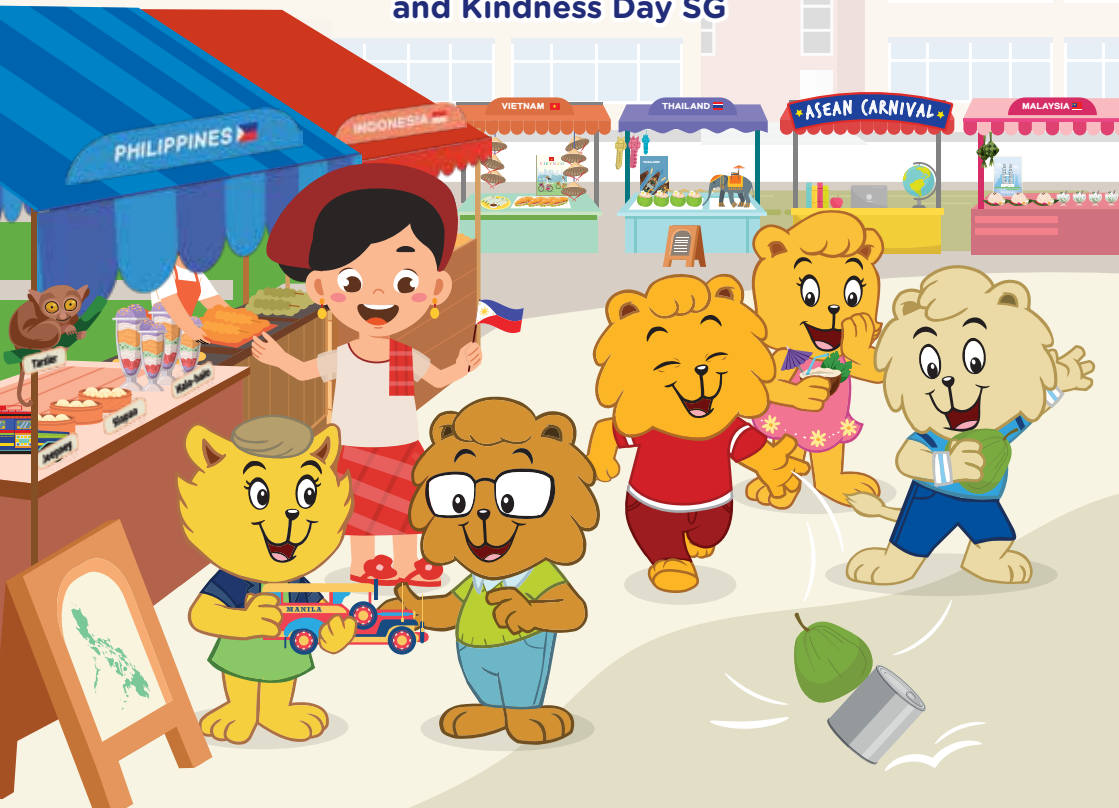
# Kindsville Times Junior



Primary 1 and 2  
Issue 2/ 2026

## A KINDER WORLD BEGINS WITH US

Let's celebrate  
International Friendship Day  
and Kindness Day SG



## Dear friends,

Did you know that Singapore has a friendly neighbour called the Philippines? Both of us are part of a group of countries in Southeast Asia called ASEAN. Being in ASEAN is like being in a big team where everyone helps one another.

Being friends means we learn about each other's cultures, enjoy each other's food and holidays, and feel safe and connected. This friendship is especially meaningful on Kindness Day SG, when we celebrate being kind to others and thank those who care for us.

In this issue, you'll learn more about the Philippines and the friendship they have with us.

## Your friend, Singa



### Did you know?

ASEAN stands for "Association of Southeast Asia Nations"!

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VIETNAM  
5

Kamusta!  
I am Kalle.

THAILAND  
6

ASEAN CARNIVAL  
6

Thanks for  
welcoming us!

MALAYSIA

Let's match!

Match the Filipino word to its meaning.  
Draw a line to the correct English word or phrase.

**Kamusta!**

**Welcome!**

**Mabuhay!**

**Hi/How are you?**



7

I'm Maya and  
I'm from the  
Philippines.

8

Is that a map  
of your  
country?

Slopao

Halo-halo



9

Yes! This is the  
Philippines.

10

We have more  
than seven  
thousand islands.  
It's like thousands  
of puzzle pieces  
in the sea!

11

Wow!  
That's a lot  
of islands!

12

Yes. Some are tiny with only  
one village. Others are huge  
with big cities!



13

How do people travel between the islands?



Tarsier



Jeepney



Siopao

14

By boat!



### DID YOU KNOW?

The Philippines is part of ASEAN. ASEAN is a group of countries in Southeast Asia that includes Singapore and Malaysia. Timor-Leste is the newest member!



Let's count!

Count the flags above.

# HOW MANY COUNTRIES ARE THERE IN ASEAN?

15

People on different islands speak different languages.



16

Just like us! We speak mostly English and sometimes, different languages at home.

17

That's right. We're all different, but still one big family!

18

But how do you understand one another?

19

We learn each other's languages, as well as Filipino and English in school!

20

We also use lots of gestures and smiles, so everyone feels included!

21

They look so kind and happy!

22

Would you like to learn more about our culture?

23

Yes! We'd love to!

24

In the Philippines, we believe in the spirit of Bayanihan.

25

What's Bayanihan?



26  
It means helping one another. Filipinos do this to show love and care.

27  
We do that too! Like cleaning up together.

28  
Yeah! We take turns emptying the waste bin.



29  
When my classmate is sick and misses class, I help him catch up with homework.



30  
Let's also help each other practise for Games Day!

31  
Great idea!

32  
That's the Bayanihan spirit!

33

Natural disasters like typhoons can happen in the Philippines...



34

But even in tough times, we try our best to help one another.



35

I'm amazed!



36

That's real kindness.



37

I want to be brave and kind like that too!

38 Filipino children also make toys from boxes.



39

This is a Jeepney. Isn't it colourful?



40

That's so creative! I love it!



41

Look! I made a Cubbie Bus too!

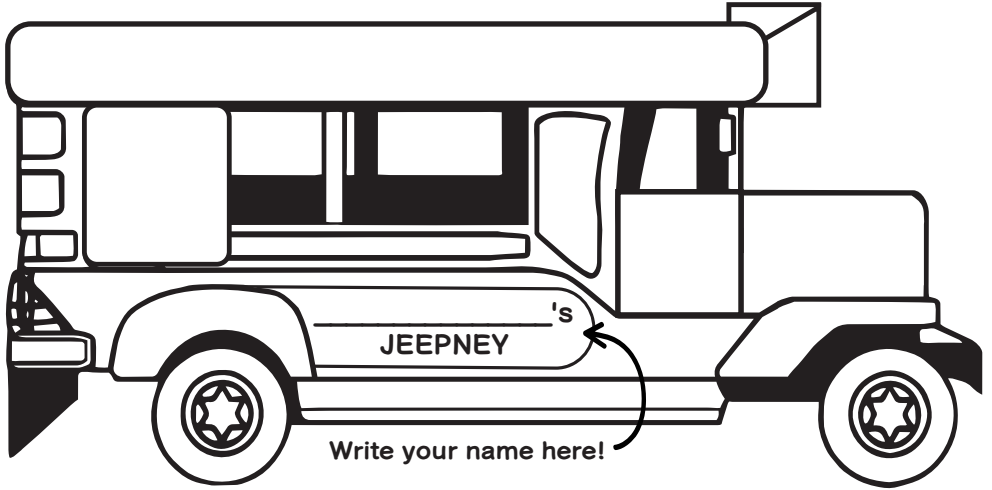




Let's colour!

What would your jeepney look like?

Colour the jeepney below and decorate it with stickers!



42

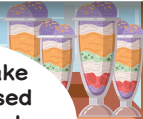
It's fun to make toys out of used things instead of throwing them away.

43

That's being kind to our environment too!

44

Yup!



-halo



45

We also have a traditional game called Tumbang Preso. We use a fruit, like guava, as a ball to knock down a tin can.



46

If you knock it down, you get to tag others!

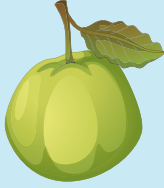
47

That sounds fun!



Let's circle!

Circle the item used to play the traditional Tumbang Preso!



48

I hear that children in the Philippines also help to plant trees!



49

Oh yes, we do!



50

**DID YOU KNOW?**

Trees are important as they can help to prevent flooding!



51

We should ask Ms Lola if we can plant trees in our school garden too!



52

Let's show care to our environment and protect our Earth together!

53

That's such a wonderful idea!



PHILIPPINES 🇵🇭

54

These are some ways children in the Philippines show care and kindness.

56

Agree! Let's be kind wherever we go!

Tarsier

55

I'm sure everyone else has similar values too!

Jeepney

At the end of the day...

THAILAND 🇹🇭

ASEAN CARNIVAL

MALAYSIA 🇲🇾

57

I'm glad we met today!

58

I learnt so much from you. Thank you for sharing!

59

Me too! I learnt so many interesting things about the Philippines...

60

And about being kind and helpful to one another! Thanks, Maya!

61

It's fun making friends from different countries!

62

Every friendship teaches us something new – no matter where we come from or who we are.



Do you have relatives, friends or neighbours from the Philippines? Practise greeting them in Filipino and ask them about these items that are displayed at the Philippines booth: (1) Halo-halo (2) Tarsier (3) Siopao.









## Activity Time



# Hello, friend!

Did you know that a simple greeting can make someone feel good and welcomed? Across ASEAN, friends greet one another in different ways:

 <b>Brunei</b> Selamat Sejahtera	 <b>Cambodia</b> Arun sour sdei	 <b>Indonesia</b> Selamat pagi (Good morning) Selamat siang (Good afternoon) Selamat sore (Good evening)
 <b>Laos</b> Sa bai dee	 <b>Malaysia</b> Selamat Sejahtera	 <b>Myanmar</b> Mingala bar
 <b>Thailand</b> Sawasdeeka (said by females) Sawasdeekrap (said by males)	 <b>Timor-Leste</b> Olá (in Portugese) Alo (in Tetum)	 <b>Philippines</b> Kamusta
		 <b>Vietnam</b> Xin chào

How do we say hello in Singapore?  
Paste the stickers below:





## Activity Time

# DO YOU KNOW SOMEONE FROM ANOTHER COUNTRY?

- 1 Ask your friends, classmates, neighbours or school staff how they say "hello" in their country and write it on the bookmark.
- 2 Add a kind message.

HERE ARE SOME EXAMPLES:

**Kamusta!**

I hope you feel  
happy in our  
class today!

**Xin chào!**

I hope you  
enjoy playing  
with your  
friends!

- 3 Ask your friends, classmates, neighbours or school staff some questions about their country.
- 4 Draw something that represents their country based on what you have learnt.
- 5 Tear out the bookmark carefully and present it to the person, thanking them for sharing.



Tuk-tuk  
(Thailand)



Nasi Tumpeng  
(Indonesia)



Bánh mì  
(Vietnam)



Kampong Ayer  
(Brunei)



Petronas Twin Towers  
(Malaysia)

Dear \_\_\_\_\_,

\_\_\_\_\_

From: \_\_\_\_\_



Let's Read!

# THE IFUGAO RICE TERRACES



The Ifugao rice terraces are like giant, green staircases on the mountains in the Philippines. A very long time ago, the Ifugao people wanted to grow rice, but the mountains were too steep.



So, they had a smart plan. Everyone worked together! First, they cared for the forests at the very top. They knew the trees helped to catch the rain. Then, using their hands and simple tools, families and friends built a strong wall of stones and packed it with soil to make a flat field.



When they needed another flat field, they built another wall right below the first one. This work took a very, very long time—even longer than your great-grandparents have been alive! Parents taught their children how to build, and those children taught their own children later.



The most important part about this project was sharing. They built tiny canals like little rivers to make sure the water from the forest could reach each family's field. If a wall broke, everyone helped to fix it.

The Ifugao people created something amazing that we can still see today by being kind to the land and to one another, and by thinking about the future. The Ifugao Rice Terraces show us that when a community works as a team, they can do incredible things.



This story is adapted from:  
<https://whc.unesco.org/en/list/722/>



## Kindsville Mailbox



What is one kind act you would like to do for a friend from another country? Tell Singa all about it!

Name: \_\_\_\_\_

School: \_\_\_\_\_ Class: \_\_\_\_\_

Home Address\*: \_\_\_\_\_  
\_\_\_\_\_

\* Receive a personal reply from Singa when you send in your response.  
(Please ask your parent/guardian for permission before sending your letter.)



I agree to the collection, use, and disclosure of my personal data provided for this activity by the Singapore Kindness Movement (SKM), in accordance with SKM's Data Protection Policy available at <https://www.kindness.sg/privacy-policy/>. I understand that my name, school and class may be published if my entry is featured in Kindsville Times, on SKM's social media platforms or in SKM's exhibitions and publicity materials.



**Write to Singa and stand a chance to be featured  
in the next issue of Kindsville Times!**

**Send it by snail mail to:**

Singa and the Kindness Cubbies  
Singapore Kindness Movement

50 Raffles Place, #02-03 Singapore Land Tower, Singapore 048623

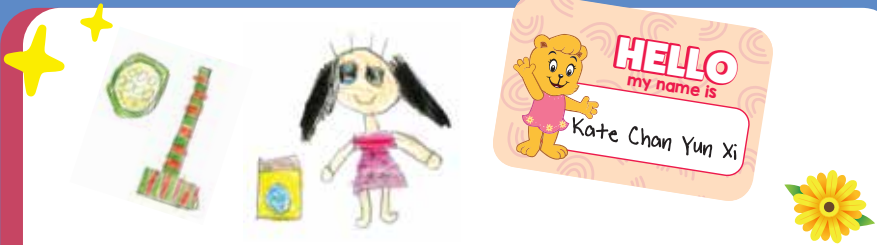
**You may also send via email to:**

[kindsville@kindness.sg](mailto:kindsville@kindness.sg)

# FEATURED LETTERS

ISSUE 1 / 2026

Last term, some students shared stories and drawings about being Kindness Defenders by showing the kind things they did in school and at home to care for others.



Hello, my name is Kate Chan Yun Xi. I help my family at home by washing clothes and doing chores. I also help to cook rice and sweep the floor.

Name: Kate Chan Yun Xi  
School: Ang Mo Kio Primary School  
Class: 1 Respect



One day, I was at Bishan MRT. I saw a blind singer playing the guitar. I gave him some coins and he smiled. I felt happy because I helped someone.

Name: Xinning  
School: Northland Primary School  
Class: 1F



## Activity Time



Kindness Day SG, which falls on 22 May 2026, is a special day on which we celebrate kindness! On this day, we show that we are grateful.

We say thank you to people who make us smile and help us.

**Being kind makes everyone happy!**

## SEND A 3D "THANK YOU" CARD!

Think of someone you want to thank. It could be a family member who looks after you, a teacher who helps you or a friend who cheers you up.

Create a 3D pop-up card and surprise them with your message.

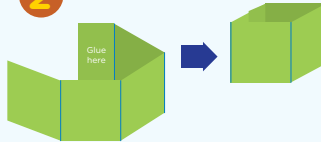


1



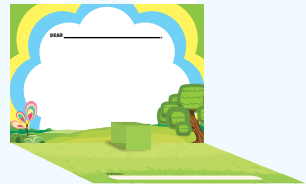
Tear out the card on page 21 and fold it in half.

2



Tear out the rectangle tab on page 23 and fold along the blue lines.

3



Glue the tab inside the card. It should form a square shape when the card stands.

4



Tear out the "Thank You" picture on page 23.

5



Glue the picture onto the star in the card.

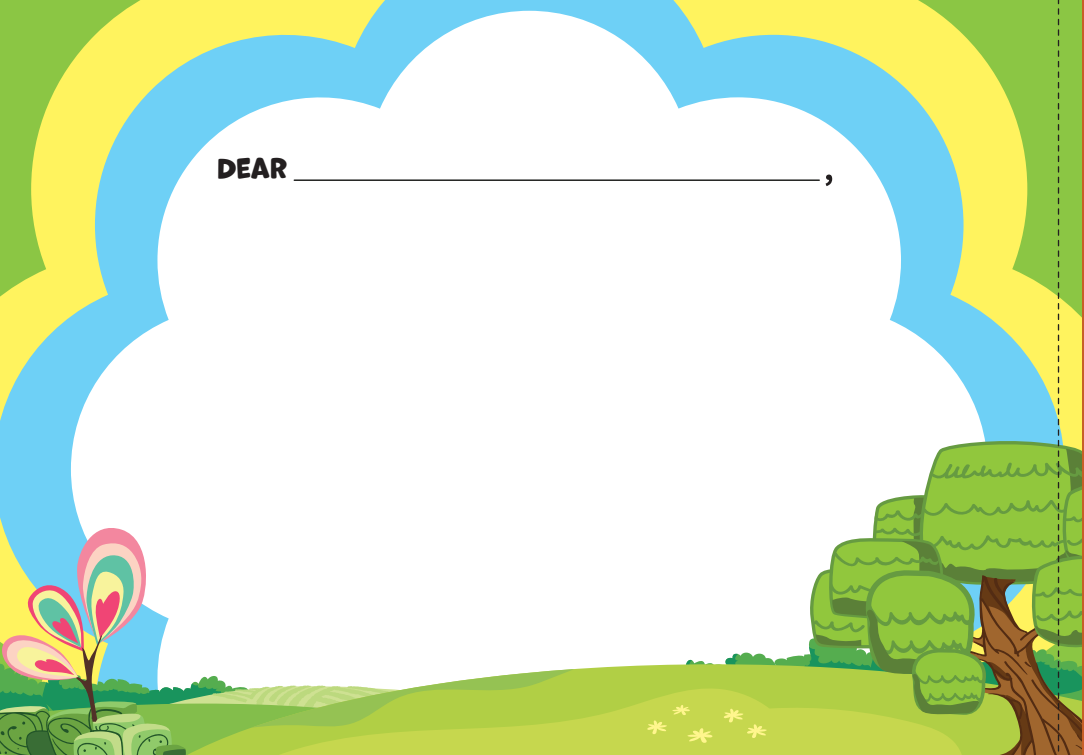
6



Write your message and give the card to the person you want to thank. You can also use the Singa wheel on page 23 for ideas.

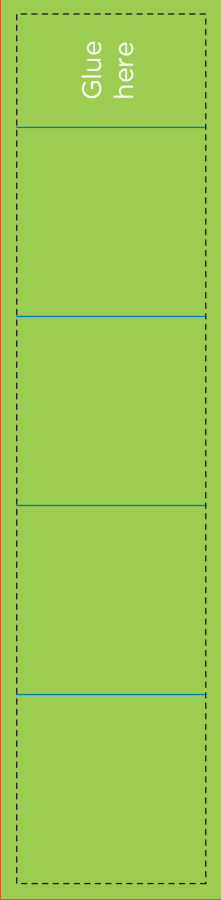


**DEAR** \_\_\_\_\_,



**FROM:**

\_\_\_\_\_



Glue  
here



You make  
my day  
**brighter!**

Thank you  
for  
helping me!

you're a  
**Super  
Helper!**

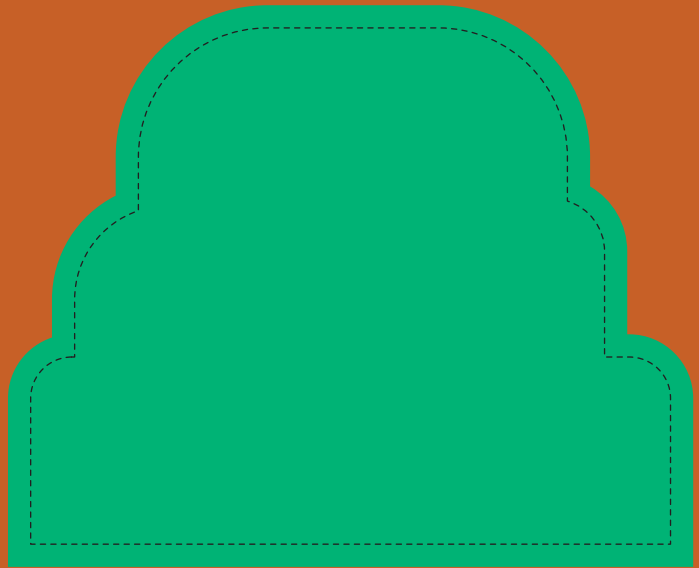
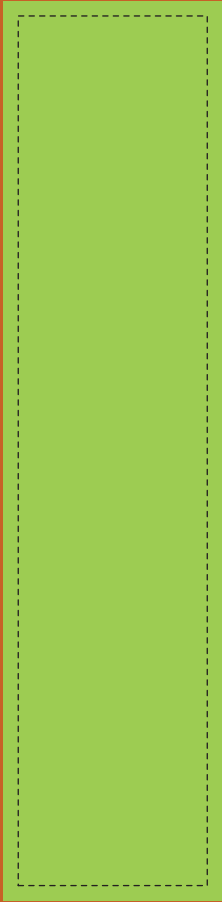
I appreciate  
your  
**Kindness!**

You make  
**Learning  
fun!**

You always  
make me  
**smile!**

You're  
**thoughtful  
and  
caring!**

**SINGAS-SINGAS  
THANK-YOU WHEEL**

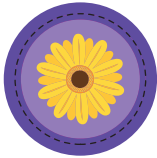


# Kindsville Stickers

Use these stickers to decorate your Jeepney on page 9.

SHARE A SMILE 😊

KINDNESS ON BOARD 🌻



GOOD  
VIBES  
ONLY

Use these stickers to complete the “Hello, friend!” activity on page 12.





**Kindness  
Day SG**



**THANK YOU  
FOR HELPING ME!**



**Choose  
Kindness**



**High Five  
for Kindness**



**THANK YOU  
MY FRIEND**



**I APPRECIATE  
YOU**



**You make  
me smile!**



**GRATEFUL FOR  
a friend like you**