

A-OK!

Agents of Kindness

Issue

03

2026

Primary 5-6

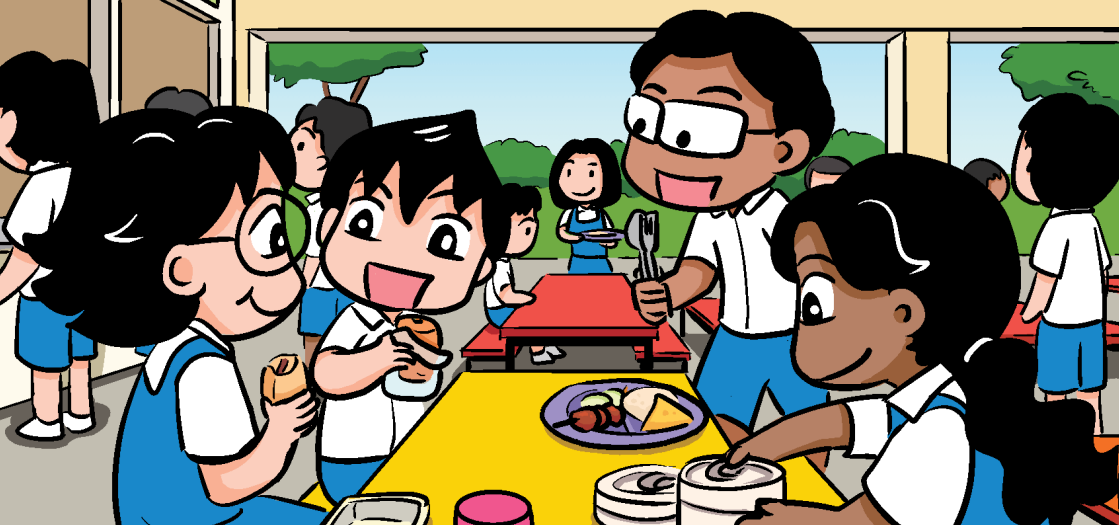
Racial Harmony Day



singapore
kindness
movement
BE GREATER>



Our People, Our Tapestry



Dear Agents of Kindness,

Racial Harmony Day is a time to think about how we connect with others in our diverse community. Singapore is made up of people from different cultures and backgrounds, and everyone has something unique that they can contribute.

When we listen, stay curious and show respect, we build stronger connections that go beyond just knowing about someone's background—we begin to see the person as they truly are. This helps us create a community where everyone feels respected and valued. It also means having the courage to stand up when something is not right and the humility to make things right when we make mistakes.

**Your friend,
Singa**





**Every small action can make a difference.
Let's learn, connect and grow together.**

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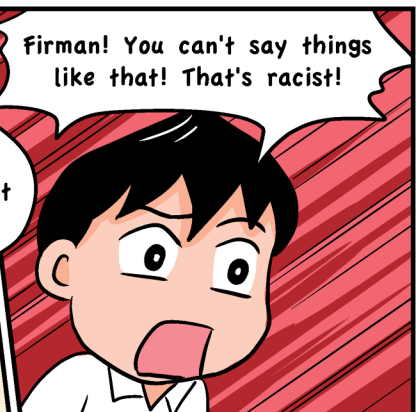
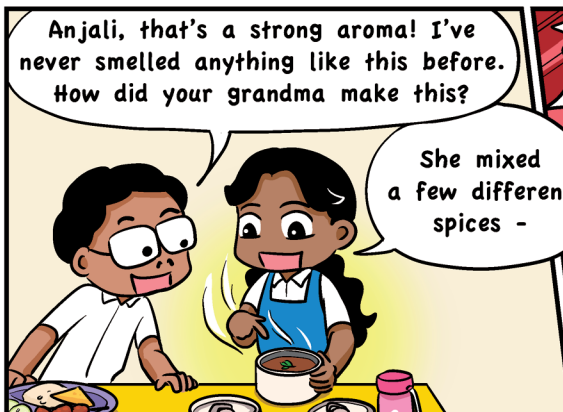
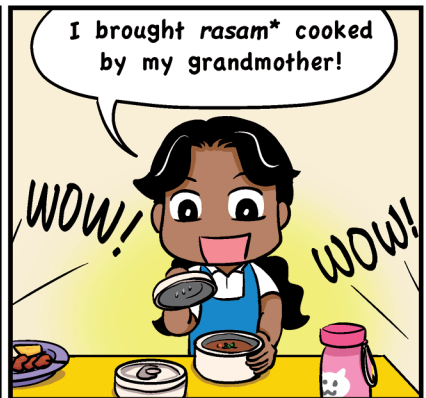
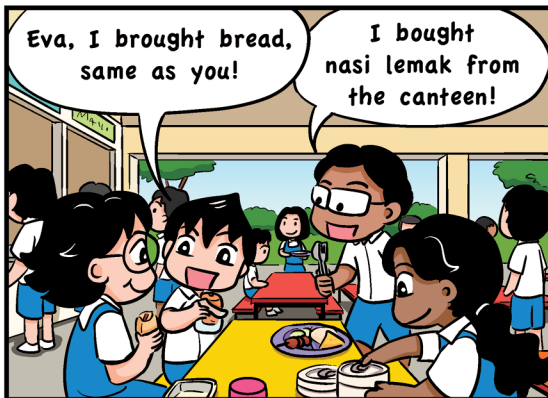
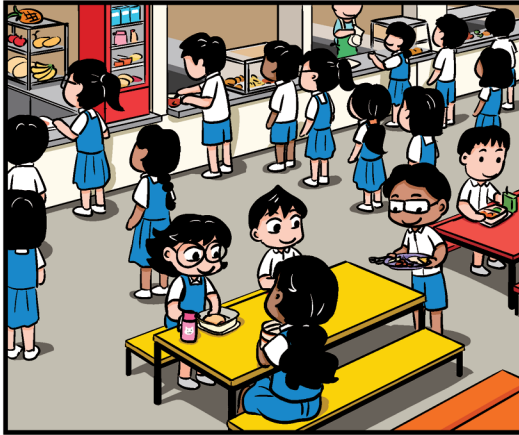
Activity Time

The Chain of Kindness

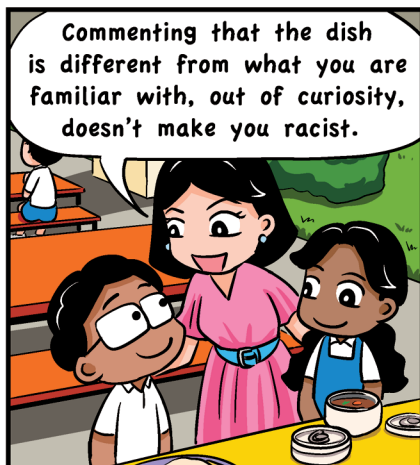
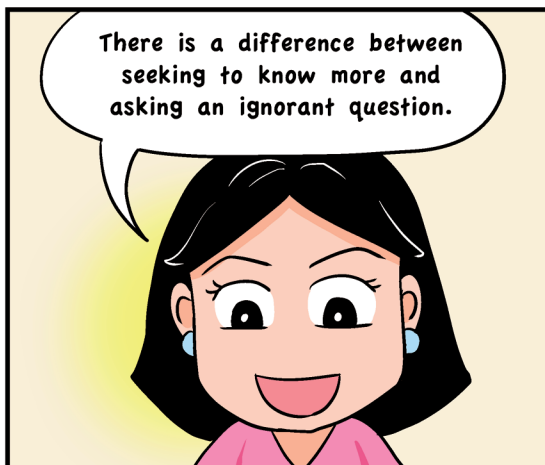
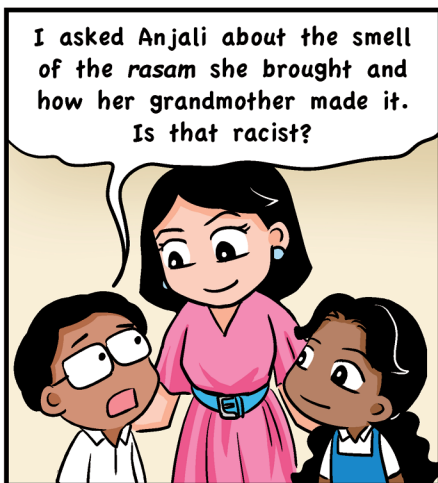
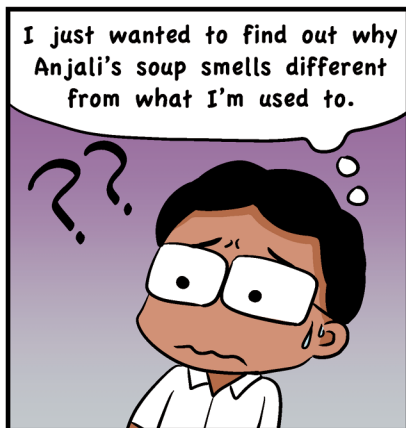
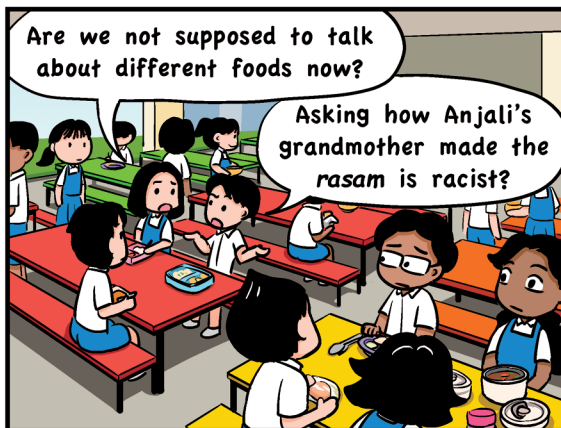
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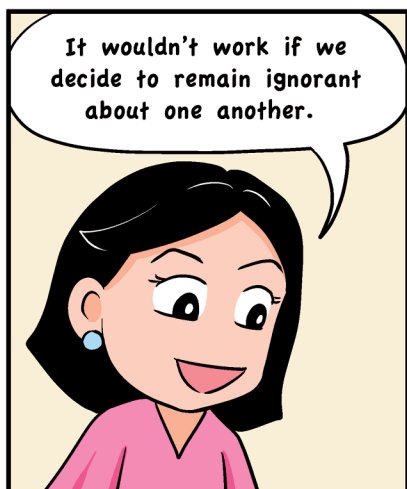
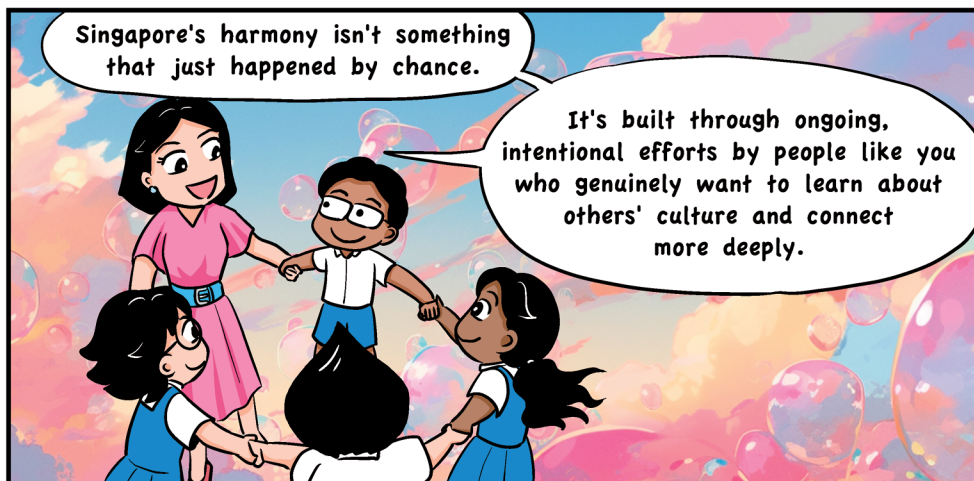
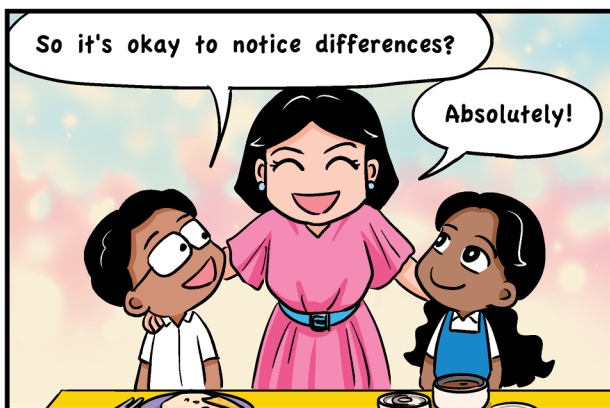


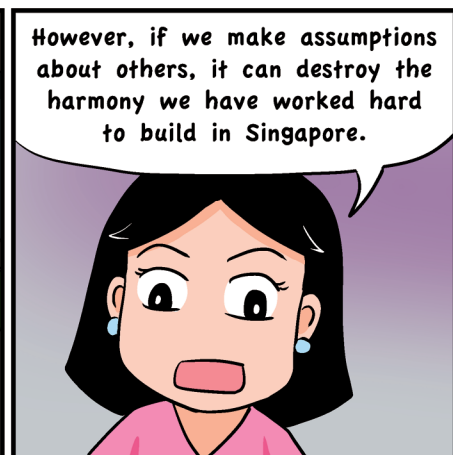
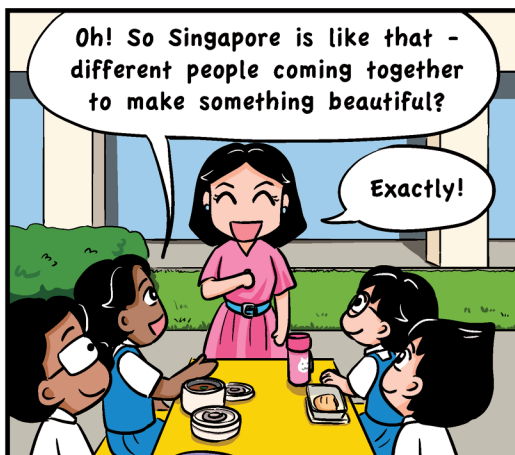
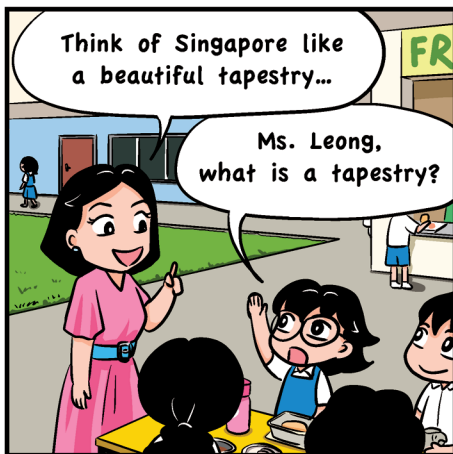
Threads of Harmony

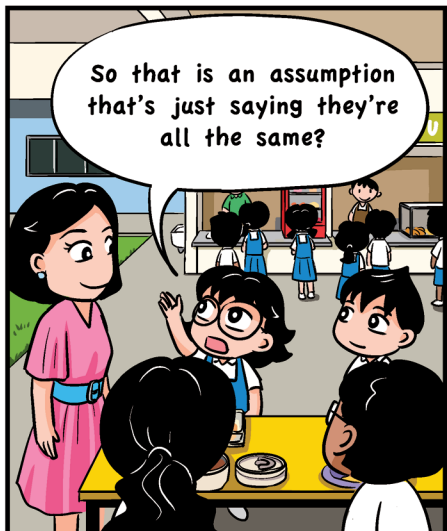
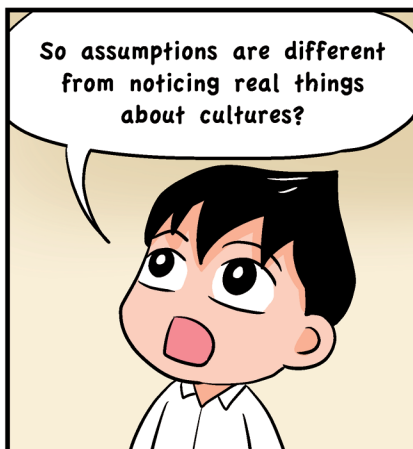
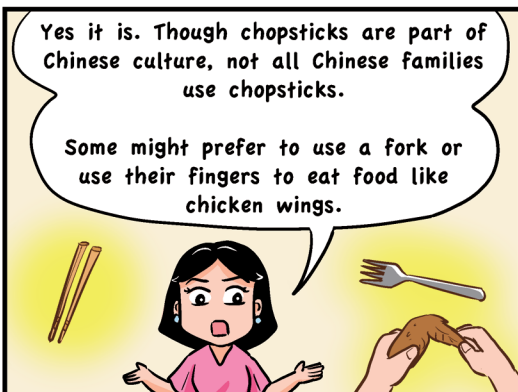
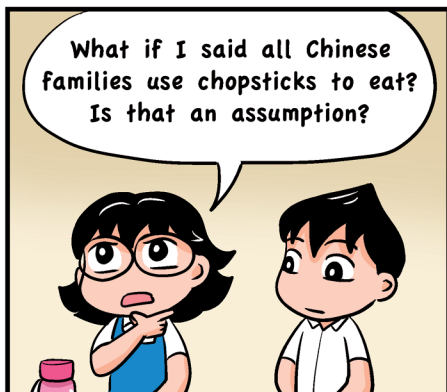


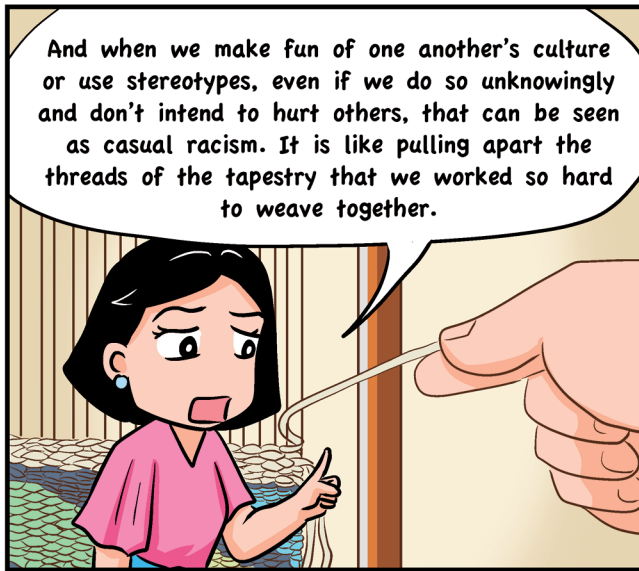
*Rasam is a traditional South Indian soup that is made of ghee, tamarind pulp, tomatoes, cumin seeds, black pepper, garlic and curry leaves.







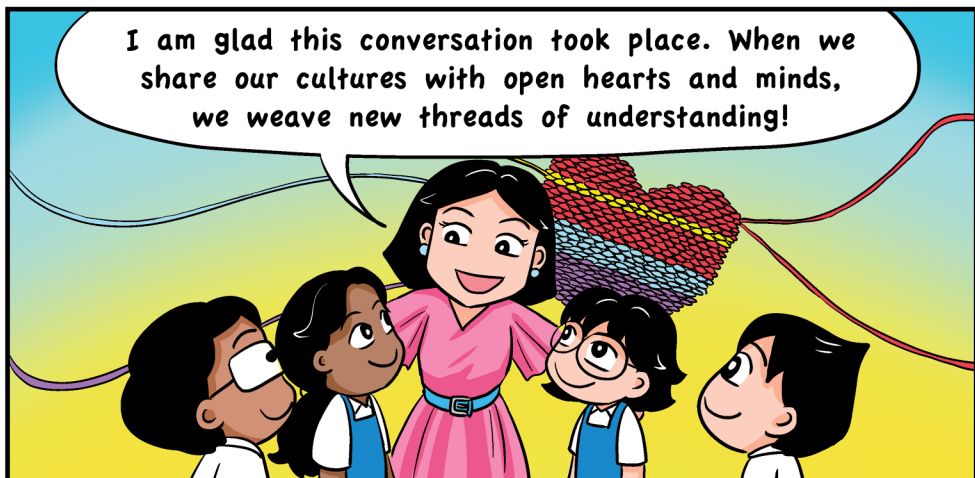
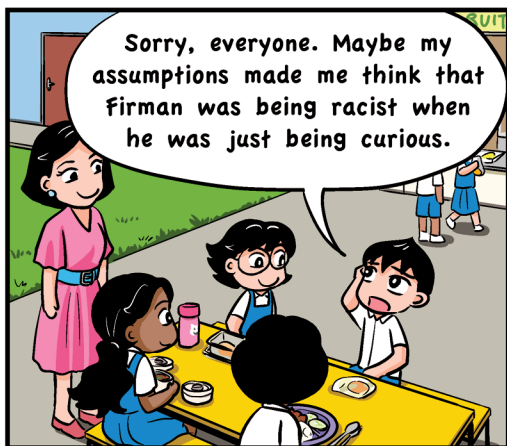
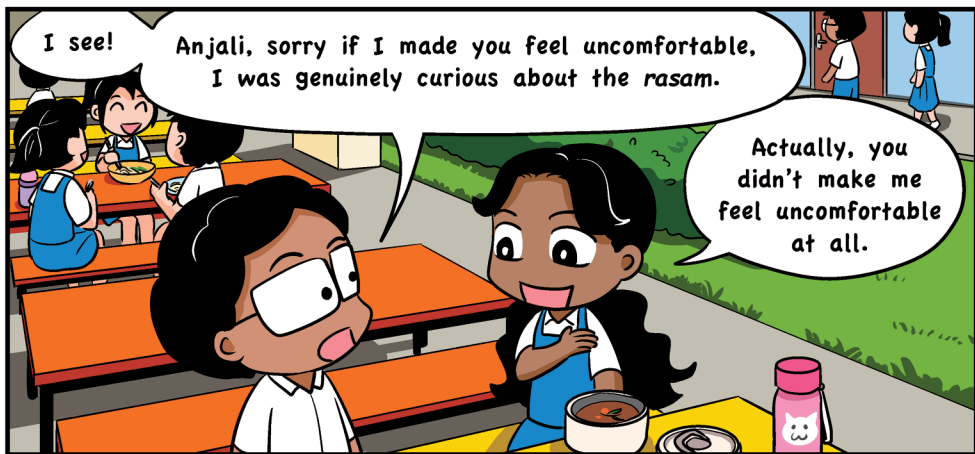




You can ask yourself:

- ✓ Am I genuinely interested in learning?
- ✓ Am I being respectful and kind?
- ✓ Am I willing to be open-minded to perspectives other than my own?
- ✗ Am I saying that to make fun of someone?





End

ACTIVITY TIME

Our Class Tapestry

In the comic, Eva and her friends learnt that being curious about another's culture helps us to respect and understand one another better. Just like a tapestry made from different threads, our differences come together to form a strong and beautiful community.

Now, it is your turn to add your piece to your class tapestry!

In the space below, draw a pattern or object that represents your culture, heritage or identity. This could be a tradition, a value or something meaningful to you.

When you are done, tear out your artwork and your teacher will combine everyone's pieces to create a class tapestry. You may even combine artworks from different classes or levels to make one big school tapestry!

Take a photo of your
class/school tapestry
and share it with Singa
at primary@kindness.sg



Name: _____ Class: _____



Upstander Challenge

Play with your family or classmates to practise being an upstander! This game helps you think about how your words and actions can support others.

How to Play:

- 1 Tear out the cards on pages 13 - 16.
- 2 Each player picks a card. When it is your turn, read the scenario on your card aloud.
- 3 Discuss:
 - If I were the student, I would feel...
 - One kind action could be...
- 4 Think further:
 - If you were the one who caused hurt, what could you say or do to make things right?
- 5 Turn to the back of the card to check out what Singa would do.

A classmate makes a hurtful comment about a student's culture. Some people laugh. The student goes quiet.



Share your thoughts:

If I were the student, I would feel:

One kind action could be:

Think further:

If you made the comment, what can you do to make things right?

A group of classmates laughs when a student trips and drops her lunch tray.



Share your thoughts:

If I were the student, I would feel:

One kind action could be:

Think further:

If you laughed, what can you do to make things right?

A new student keeps getting left out when groups are formed.



Share your thoughts:

If I were the student, I would feel:

One kind action could be:

Think further:

If you left the student out, what can you do to include her now?

A group of classmates threatens to take a student's things away.



Share your thoughts:

If I were the student, I would feel:

One kind action could be:

Think further:

If you were the one threatening your classmate, what can you do to make things right?



What would Singa do?

Help the student up, check if they are okay and tell others it is not kind to laugh at someone who's hurt.



What would Singa do?

Speak up calmly and let others know the comment is not respectful. Check in with the student.



What would Singa do?

Tell the classmates to stop as threatening others is not kind. Inform a trusted adult about the incident. Check in with the student.



What would Singa do?

Invite the student to join your group and encourage others to include her.

Someone laughs at and imitates another student's accent.



Share your thoughts:

If I were the student, I would feel:

One kind action could be:

Think further:

If you had laughed or done the imitation, what can you say or do to make things right?

A student looks embarrassed after a class presentation did not go well. Some classmates laugh.



Share your thoughts:

If I were the student, I would feel:

One kind action could be:

Think further:

If you laughed, how can you show care now?

A student shares that he has been receiving unkind messages online and is being teased for how he looks.



Share your thoughts:

If I were the student, I would feel:

One kind action could be:

Think further:

If you sent these messages and teased him, what can you do to make things right?

A student's lunch is made fun of by others.



Share your thoughts:

If I were the student, I would feel:

One kind action could be:

Think further:

If you made the comment, what can you do now to make things right?

A student receives a comment from her classmate that her good test scores are to be expected because of her race, and not because of her hard work.



Share your thoughts:

If I were the student, I would feel:

One kind action could be:

Think further:

If you made such a comment, what can you say or do to make things right?

You heard a classmate spreading rumour about another student. The student is aware of this.



Share your thoughts:

If I were the student, I would feel:

One kind action could be:

Think further:

If you spread the rumours, what can you do to make things right?



What would Singa do?

Check in with the student, offer encouragement and help shift the mood by showing kindness.



What would Singa do?

Say calmly that it is not kind to make fun of how someone speaks and support the student.



What would Singa do?

Say something positive about the student's lunch, show interest and include the student so she feels accepted.



What would Singa do?

Listen without judging, show care and encourage the student to seek help from a trusted adult.



What would Singa do?

Tell the classmate to stop spreading rumours because it can hurt that student's feelings. Check in with the student.



What would Singa do?

Inform the classmate that stereotyping people can hurt them. Encourage him to acknowledge his hurtful comment and apologise to the classmate.



A-OK! MAILBOX



P5-P6
Issue 3/2026
Racial Harmony Day

How did you help someone feel included or welcomed?

Tell Singa what you did and how it made the other person feel.

Name: _____

School: _____ Class: _____

Home Address*: _____

*Get a reply from Singa when you write in! (Parental consent required)

☐

I agree to the collection, use, and disclosure of my personal data provided for this activity by the Singapore Kindness Movement (SKM), in accordance with SKM's Data Protection Policy available at <https://www.kindness.sg/privacy-policy/>. I understand that my name, school and class may be published if my entry is featured in A-OK!, on SKM's social media platforms or in SKM's exhibitions and publicity materials.

**Write to Singa and stand a chance to be featured
in the next A-OK!**

Online

Submit your story at
<https://education.kindness.sg/mailbox>

By Mail

Agents of Kindness
Singapore Kindness Movement
50 Raffles Place #02-03
Singapore Land Tower
Singapore 048623



Featured Letters



Issue 2 / 2026
International
Friendship Day

Last term, some students wrote in to share kind acts they did for friends from other countries.



Dear Singa.

I once helped a new friend who had just moved from another country. On his first day at school, he looked nervous and unsure because everything was new to him. I walked up to him, introduced myself and showed him around the school, including the classroom, canteen and library.

During lessons, I helped him understand some difficult words and explained the teacher's instructions when he was confused. At recess, I invited him to join my group of friends so he would not feel left out.

Slowly, he began to smile more and talk with others. By the end of the week, he felt much more comfortable and confident. I felt happy and proud because my small act of kindness made a big difference in his life.

It reminded me of a quote:

"People will never forget how you made them feel."

Name: Srikrishna Rohit Bhat

School: White Sands Primary School

Class: 6 Diligent



Dear Singa.

We had Taiwanese students visiting our school for a four-day immersion programme. I was selected as a buddy for two students and guided them around the school carefully. The best part was that I also learnt many useful tips for my piano examinations during our conversations.

We became good friends, and I still keep in touch with one of them during my free time. We talk about our upcoming examinations and share about how Taiwan and Singapore are unique in their own ways!

I learnt that an act of kindness that may seem small to us can mean a lot to someone else. My buddies shared that without my guidance, they might have gotten lost in such a big school. Although they gave me many gifts, I felt that the biggest gift was the experience of stepping up to help others.

Name: Sanjana Sarathi

School: North Spring Primary School

Class: 6.2





Dear Singa.

I am writing to share how I showed kindness to my friend.

Last year, a friend of mine transferred to my school because her country was affected by war. When I first spoke to her, she often whispered as she felt shy and nervous around others. I understood how she felt, so I made an effort to sit beside her and spend time with her.

As time passed, she slowly became more comfortable around me. We eventually became good friends. Whenever others did not want to play with her, I would include her. When she felt sad or cried, I would comfort her and stay by her side.

Now, I am happy to see that she has started to interact more confidently with everyone in school. I feel proud that my kindness helped her feel more comfortable and supported.

Name: Asma Roshan

School: Yio Chu Kang Primary School

Class: Ex-6



Dear Singa.

Once, during the December holidays, I travelled to Vietnam with my family. We made a stop to visit one of my friends, Linh Ngoc (Lynn), who had moved from Singapore back to her home country, Vietnam. I had brought her many gifts, including Singapore souvenirs, to show her that she was not alone, as she was still adjusting to a new school and did not have many friends yet.

When we reached her home in Saigon, we saw that the apartment was very cluttered, with boxes and furniture stacked everywhere. I suggested to my family to help her tidy up. After about an hour, we finished cleaning together. We then spent some time playing and catching up. I felt very happy that I could help her and I believe she was very grateful too.

Name: Ashley Koh

School: New Town Primary School

Class: P6-5



Dear Singa.

I met a friend from Australia through school, and she was very kind and friendly. When I was in Primary 2, she felt sad because she had some friendship problems. I helped her by comforting her and trying to make her feel better. She smiled after hearing my comforting words.

In Primary 3, she left the school to return to Australia. Although we lost touch, I will never forget her face and how she became one of my first and best friends during the early days of school.

Name: Lin Wanyan

School: Paya Lebar Methodist Girls' School Primary

Class: 6 Jo



KINDNESS in Schools

Email us at



primary@kindness.sg

to share what kindness initiatives your school has been doing.



Earlier this year, schools across Singapore showed kindness in many fun and meaningful ways. At Pei Chun Public School, Kindness Chains stretched across classrooms, and the canteen was filled with kind messages for friends, teachers and school staff, making everyone feel appreciated. At Nanyang Primary School, students shared kind acts on a Kindness Bulletin Board with stories and photos. Prefects also hosted “Kindness in the News”, a daily broadcast that shared kind stories and kept the kindness spirit going across the school. The celebrations were made even more special by a visit from Singa and the Kindness Cubbies, bringing joy and excitement to students.

Kindness Chains created by students from

Pei Chun Public School



Singa and the Kindness Cubbies visit

Nanyang Primary School



Our Multicultural Mosaic

Scan the QR code or visit
bit.ly/SKMMulticulturalFilm
to watch the videos.



Watch the Multicultural Film Series to discover how different communities in Singapore celebrate festivals through food, friendship and shared experiences.

1 Which episode did you enjoy the most and why?



Murukku ☐



Candy Cane ☐



Pineapple Tarts ☐



Ketupat ☐

2 What values did you notice in the films?



Kindness
helping or including others

☐

Respect
listening and appreciating differences

☐

Patience
waiting for your turn

☐

Curiosity
asking questions to learn more

☐

Sharing
giving time, food or ideas

☐

Teamwork
working together

☐

Empathy
understanding how others feel

☐

3 If you could cook a dish from your culture, what would it be? Why is it special to you or your family?

ACTIVITY TIME

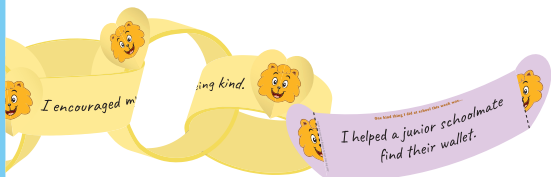


Let's keep the kindness going. Add these new strips to your class kindness chain and see how it grows with every kind act.

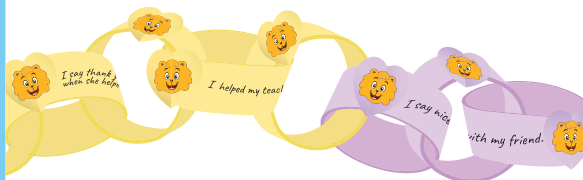
Instructions



- 1 Write one kind act you did this week on the strip.



- 2 Link it to your class kindness chain.



- 3 Hang it up to show how many kind acts your class has done. Every small act makes a big difference!



Join the two slits by sliding one into the other.

One kind thing I did at school this week was...



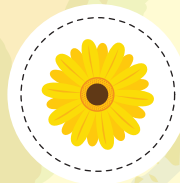


Share with us!

Teachers and students, we'd love to see your classroom kindness chain! Take a photo and share it with us at primary@kindness.sg. If your whole school joins in, Singa would be very pleased and might even visit your school to see your kindness chains!

Visit education.kindness.sg/Printable-Activities to download more kindness loops.





A-OK!

Stickers

